

VITAMIN B12 DEFICIENCY MANAGEMENT

UHP Trust guidelines v1.0 (2021)

TTA CHECKLIST FOR COMMUNICATION TO GP

Confirm Diagnosis:

- ☐ Mention B12 level
- ☐ Mention Hb level prior to starting B12 therapy
- ☐ Anti-IF antibody sent date
- ☐ Anti-TTG level checked?
- ☐ Folate checked? What was the result?
- ☐ Active B12 assay requested?

Treatment summary:

- ☐ i.m B12 injection- frequency and duration if given
- ☐ Oral B12- dose and duration if given
- ☐ Folate (if applicable) started after B12
- ☐ Neurological symptoms present?

Follow-up plan:

- ☐ Duration of discharge therapy
- ☐ Follow up B12 levels/ Review clinical response ____ weeks post discharge
- ☐ i.m to oral switch on ____
- ☐ Pending antibody results ____
- ☐ Management plan on review (as per Trust guidelines)

